



Patty Cake Cookies

Source: *Diabetes Forecast-May 2005* | **Yield:** 48 servings. 54 Calories per cookie. Total fat 1g; Protein 1g; Total carbohydrate 10g; Dietary fiber 0g, Sodium 75mg

INGREDIENTS:

- 1 (18.25 oz.) box white cake mix
- ¼ cup egg substitute
- 1 (6 oz.) jar baby food pureed pears
- 2 tablespoons vegetable oil
- 1 tablespoon lemon zest
- 3 tablespoons all-fruit raspberry or apricot spread

DIRECTIONS:

1. Heat oven to 375°F.
2. In a large mixing bowl, combine all ingredients except fruit spread and stir until well blended, using a rubber spatula to break up lumps.
3. Spoon batter by level tablespoons about 2 inches apart on a nonstick baking sheet and bake 7 to 10 minutes or until edges are just slightly golden. Remove from oven and let stand on baking sheet 2 full minutes before removing. Cool completely. Repeat until all batter is used.
4. When cookies are completely cooled, place fruit spread in a small bowl. Using a fork, whisk until smooth and pliable. Top each cookie with ¼ teaspoon spread.